

Priorities – life's order

Understand your priorities at work and in life

Presentation Objectives

- Learn how to prioritise correctly to be more efficient and productive. Ian Fraser will lead you through a fun and interactive presentation designed to impart important messages on setting priorities as well as setting and achieving your goals.
- Work through real world examples of competing priorities and learn three different priority setting techniques that will help you for the rest of your life.
- StressLess™ Priorities explores the differences and relationship between urgency and importance and why many people fall into the trap of prioritising for the short term rather than the long term.

Customisation

StressLess Learning works in partnership with clients to customise and refine all presentation content and duration to suit both organisational goals and individual participant requirements.

All presentation outlines are therefore to be used as a guide only.

Duration

1.5 hour presentation

Target Audience

Everyone.

Presentation theme

Ever get that feeling that life is passing you by? That you never have any time to do the things you really want to do? That you are constantly putting out spot fires without being able to find a way to stop them occurring in the first place?

“If the ladder is not leaning against the right wall, every step we take just gets us to the wrong place faster” - Stephen Covey

Think writing a list will help, think again. Learn the real way to succeed at prioritising.

Prioritising is about knowing which tasks to do (if at all) in which order.

Being able to correctly prioritise allows us to achieve more of our personal and career goals, get more done and finish tasks on time while being less stressed in the process.